



Crystal Lake Lions Club-Serving In Its **88th** Year

# Pride

February, 2020



Lion Randy Funk, left, presents Lion Nick Parashis a model of a Viking at January's Board Meeting. Lion Nick resigned as President that evening due to his incipient move to Arizona. He was succeeded, per our Constitution and ByLaws by First Vice President Bill Davies who will serve the remainder of this Lions year as President of the Crystal Lake Lions Club. Also per the Constitution and ByLaws, the Second Vice President, Lion Anita Wingfield, will move to being First Vice President for the remainder of this year. In an obvious Constitutional and ByLaws problem, there is no provision for the Third Vice President to move up to Second Vice President. Chairman of the Constitution and ByLaws Committee, Lion Jim Zambon, is aware of this problem and says his committee will address it when they next have a reason to meet. In the interim, the office of Second Vice President will remain vacant for this Lions year.



Lion President Bill Davies and Carol Waggoner who presented a program on Diabetes Initiatives on Monday, January 27. Carol's program was very well received by the Club.

Carol represents the McHenry County Health Department and gave a very interesting presentation regarding Diabetes and its prevalence in America.

Lions International has made Diabetes one of its major objectives, along with vision, hearing and childhood cancer. Major LCI grants have gone to the VNA in Aurora and plans to apply for further grants for McHenry County are in the works.

Page Three of this issue of the Pride lists some of the facts Carol spoke of at the Program meeting and some of the Diabetes activities sponsored by and encouraged by Lions Clubs International.

More information will be provided in upcoming issue of the Pride.

Photo courtesy of Lion Bob Moravec.

## Upcoming Events - Mark Your Calendars

**Saturday, Feb 1 WINTER STEAK FRY**

Monday, Feb 10	Board Meeting	Cottage 6:30
Monday, February 24	Program Meeting	Village Squire 6:30
Monday, March 9	Board Meeting	Cottage 6:30
Monday, March 23	Program Meeting	Village Squire 6:30

# President's Letter

Fellow Lions,

Now that February is upon us, we are about to have our first big fundraiser of the year: the Steak Fry! I hope to see all of you at the dinner, and I would like to see a lot of help at this event. Tell Lion Randy Funk what you can do to help to make this event a huge success. And if you're helping outside, don't forget to dress for the weather!

After the Steak Fry on February 1<sup>st</sup>, we'll be selling Sight & Sound Sweepstakes ticket books. You can get the books from Lion Meghan Davies in February. This fundraiser benefits Lions Clubs in Illinois as well as our club.

While most members have helped out on these events one way or another, I would like to see even more members getting involved in our fundraisers.

New members are encouraged to get involved so they can discover what our club is all about and that we have fun doing this!

I am looking forward to seeing all of you at these events and at our meetings.

***Lion Bill Davies***

Crystal Lake Lions Club President

## Meeting Schedule

**Saturday, Feb 1 WINTER STEAK FRY**

**Monday, February 10 Board Meeting Cottage 6:30pm**

**Monday, February 24 Program Meeting Squire 6:30pm**

The Crystal Lake Lions Club meets the second and fourth Monday. There are no club meetings in July and August. However, the Board meets in July/August to plan for the upcoming Lions year.

**(Regular Board & Program Meetings begin at 6:30pm. Lionization at 6:00pm)**

## 2019-2020 Club Officers

*President* Bill Davies

*1st Vice President* Anita Wingfield

*2nd Vice President* Vacant

*3rd Vice President* Peter Collins

*Secretary* John Landon

*Asst Secretary* Norm Vinton

*Treasurer* John Dewey

*Asst Treas* Bill Limbach

*Tail Twister* Brennan Markee

*Asst Tail Twister* Rob Parrish

*Lion Tamer* Meghan Davies

*Asst Lion Tamer* Dave Moore

*Asst Lion Tamer* Ashley Funk

*Director* Doug Lomen

*Director* Rob Wood

*Director* Rick Miller

*Director* Jeff Thorsen

*Director* Randy Funk



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PO Box 48

Crystal Lake, IL 60039-0048

*Editor* John Landon, PDG, PCC

# Lions Fighting Diabetes



DISCOVER

## We Have a Plan

Serving in diverse communities all over the world, we see and feel the effects of diabetes and are doing something about it together.

### Our Strategic Objective

Reduce the prevalence of diabetes and improve quality of life for those diagnosed.



### Facts About Diabetes

- \* 9 percent of all Americans have been diagnosed with diabetes
- \* One third of all people have pre-diabetes
- \* 25 percent of those over 65 have diabetes
- \* 90 percent with pre-diabetes and 25 percent of those over 65 don't know they have diabetes
- \* Diabetes is a chronic, progressive disease
- \* When uncontrolled, high blood sugar damages nerves and small blood vessels and can lead to blindness, amputation and heart and kidney disease.
- \* There has been a recent increase of more than 5% in diabetes for those under 20
- \* Diabetic retinopathy develops slowly but damage is occurring
- \* Diabetic retinopathy can be treated successfully if detected early
- \* One third of those over 40 with diabetes already have some signs of retinopathy

### What Do Lions Do?

- \* Screening is provided through the Lions of Illinois Foundation.
- \* Risk strips are available for distribution by all Lions Clubs
- \* Lions Clubs International Foundation provides grants for diabetes programs world-wide
- \* Diabetes, along with vision, hearing and childhood cancer is a primary objective of Lions International

*As a matter of interest, the gentleman with the baseball cap and beard in the photo above is District 1-J Governor and MD-1 Council Chairman Jerome Perez. He belongs to the Sycamore Lions Club*

## Want to Learn More About Lionism?

Check Out These Websites:

Lions Clubs International  
Multiple District 1(Illinois)  
Lions District 1-J  
Lions of Illinois Foundation  
Crystal Lake Lions Club

[www.lionsclubs.org](http://www.lionsclubs.org)  
[www.illinoislionsmd1.org](http://www.illinoislionsmd1.org)  
[www.district1jlions.org](http://www.district1jlions.org)  
[www.lionsofillinoisfoundation.org](http://www.lionsofillinoisfoundation.org)  
[www.crystallakellions.org](http://www.crystallakellions.org)

Did You Know.....

As of 12/31/19.....

Multiple District -1(Illinois) 10 Districts	13,603
District 1-J(Largest in Illinois) 58 Clubs	2,141
Crystal Lake Lions are	49 Strong

We Serve  
Through  
Diversity



**Dr Jung-yul Choi**

International President

Editor

Lion John Landon, PDG, PCC

landon@mc.net (815) 385-1110



Just imagine if every Lion,  
**1.4 million**, asked one  
person to join their club...

**Sight & Sound  
Sweepstakes**



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PO Box 48  
Crystal Lake, IL 60039-0048